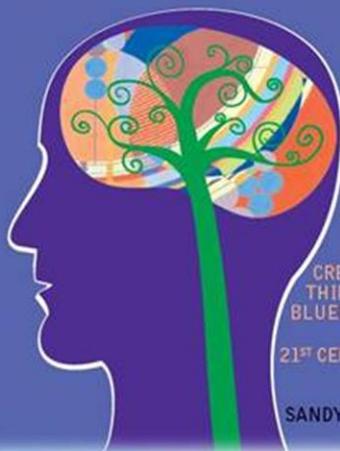


Press Kit for Sandy Sims

Author of

How Frank Lloyd Wright Got Into My Head, Under My Skin and Changed the Way I Think About Thinking

HOW FRANK LLOYD WRIGHT
**GOT INTO MY HEAD,
UNDER MY SKIN**
AND CHANGED THE WAY
I THINK ABOUT THINKING



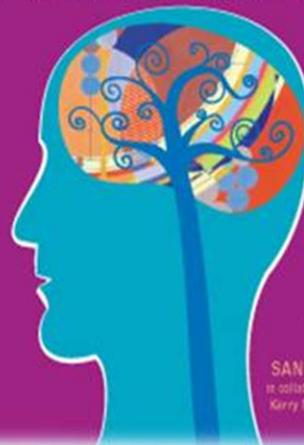
a
CREATIVE
THINKING
BLUEPRINT
for the
21ST CENTURY

SANDY SIMS

CREATIVE THINKING
FOR THE **21ST CENTURY:**
an **Experiential Guidebook.**

COMPANION PRICE TO:

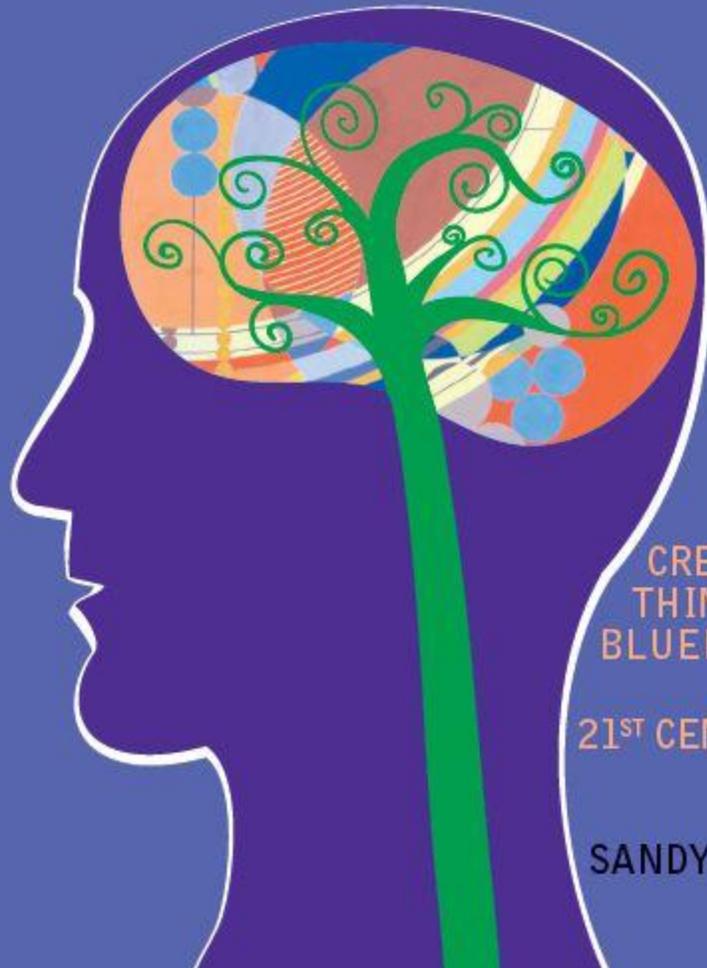
HOW FRANK LLOYD WRIGHT
GOT INTO MY HEAD, UNDER MY SKIN
AND CHANGED THE WAY I THINK ABOUT THINKING



a workbook

SANDY SIMS
in collaboration with
Kerry Morick, M.D.

HOW FRANK LLOYD WRIGHT
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SANDY SIMS

Why I wrote How Frank Lloyd Wright Got Into My Head Under My Skin And Changed The Way I Think About Thinking. A Creative Thinking Blueprint For The 21st Century by Sandy Sims.

Originally I knew this would be a story of interest to those who followed architecture. After reading Wright's autobiography, I had been struck by the idea that not only was he famous but his drawings at the time were selling at auction for the same price as those of Leonardo da Vinci and Michelangelo. He had designed over 1,000 designs but some 500 remained built. In an "aha" flash I imagined that a collection of Wright's unrealized designs built in Hawaii would be stunning. The pursuit of this idea was so compelling, that I innocently and naively began the journey, and what a journey it was. I was cordially invited into many of Wright's private homes, meeting their owners, and hearing their stories. I became friends with those in the Taliesin Fellowship, some of whom were original apprentices to Frank Lloyd Wright. It was a rich journey. While in the beginning I was attracted to the financial rewards that might have accrued, I later became fascinated by the idea of what it would be like to live inside of the space created by both a mystic and a genius. I found out.

The story of the collection idea and what ensued would have been an interesting enough accounting; yet, as I began writing, I found I was telling a larger, perhaps more important, story.

As a society we are facing unprecedented challenges. Technology is compressing our sense of time at a bewildering pace. The luxury of thinking time is vanishing. We face a fragile world economy, a challenged environment, and increasingly more dysfunctional governments. The news media is filled with experts rendering sound bites on diametrically opposed viewpoints. We are on information overload resulting in a kind of psychic numbing. Depending entirely on our linear thinking patterns to guide our daily lives no longer seems to work

like it once did. We must now learn the nature of our intuitive world, how to trust it and how to use it. This book is an accounting of just such a journey.

I considered myself your average guy next door. Not gifted, but willing to work hard. Shortly after having a health crisis in my early 30's, and struggling to make a go of an advertising agency, I met a psychiatrist on a blind date. That was a game changer. I was thrust "down the rabbit hole," the metaphorical journey into the unknown, into a world of self-discovery amidst people with entirely new methods of thinking.

I was introduced to consciousness changing thinking patterns, and through trial and observation these concepts slowly gave me the willingness to act in the face of increasingly more uncertainty.

Because we are in watershed times, forcing us to rely more and more on our intuitive world, I felt this accounting would be an intriguing and useful story to hear.

Before entering the "rabbit hole" my thinking patterns and actions had produced results. But I didn't understand why. Once into it, I was more confident, but there was trepidation and lots of it. Had I not been immersed in these creative thinking patterns, the courage and trust to seize the Frank Lloyd Wright collection idea would have eluded me.

We can harness manifesting principles, learn to trust our intuition and develop greater understanding of this new territory. We can learn to make our ordinary daily life extraordinary. We may even discover that what we consider to be important goals are only the inducements to take a far more richer journey.

<https://www.createspace.com/Preview/1067573>

<https://www.createspace.com/Preview/1067973>

How Frank Lloyd Wright Got Into My Head Under My Skin And Changed The Way I Think About Thinking by Sandy Sims

A health crisis opens doors to an expanded reality. Sandy meets remarkable people, learning new ways to manifest and decides to consciously test these through the legacy of America's greatest architect, Frank Lloyd Wright. He discovers that we are more the architects of our lives than we think.

"The important thing is to not stop questioning. Curiosity has its' own reason for existing." - Albert Einstein

Answering the Call

The Honolulu Bookstore was my favorite haunt during my lunch hour. On this day, out of the corner of my eye, I saw on the bargain bookshelf, The Autobiography of Frank Lloyd Wright. For \$2.49 it was mine. As a teenager, I had been in the house Wright designed for the Lewis Family, bankers who supported the arts. A fascinating curved structure, it was almost boat like. I never forgot it. This was to be my first autobiography. The initial night, I got through forty pages, the next night a few more. I dog-eared every other page from then on. It was a sure fire sleeping pill. I was bored, but determined to finish it.

Then a couple of months later, and nearing the end of the book, I awoke startled. Wright completed a 1,000 designs in his life. Half of them had been built. What had happened to the rest? My mind was racing, stringing unrelated concepts together like a cross word puzzle worker who finally sees all the blanks fill. A collection of these designs would form a unique expression of land art.

Wright was an icon whose drawings I soon learned had sold at auction for the same prices as those of Leonardo Da Vinci and Michelangelo. These were not just the sun-built designs of an architect, but the seeds of high art, waiting to be

germinated. This idea couldn't have occurred during Wright's life, because clients always wanted the great man to design for them. If I could get the right to build these houses it could be a different story, now that Wright was long dead. I felt tingling excitement, stirring, building. My God! To see even six or seven homes together, that would be real magic!

The "sugar plums were dancing" now. Would there be a synergistic value greater than the value of each of the individual components?" In the morning I grabbed the phone and called one of the city's leading appraisers. "A very interesting concept," he said, "but only the marketplace can answer that one; there is no precedent." My curious mind lunched forward. My cautious mind pulled back on the reins, "Don't. It's too crazy! Too risky. Let it go. You'll lose your focus, and everything you've worked for. But someone will do it."

My mind was a ping-pong ball, back and forth. God, it's been a struggle to build an agency here. Every account was built on fear and worry, yet with every account, more stability came. When nothing was working, it was easy to chase different options, throwing my energy behind first this, and then that. But now, at last, we had a base, some good clients. There was income. Twenty-two people were making a living from this enterprise. Could I risk this? What was the right thing to do?

(This is an excerpt from *How Frank Lloyd Wright Got Into My Head Under My Skin And Changed The Way I Think About Thinking* by Sandy Sims)

HOW FRANK LLOYD WRIGHT GOT INTO MY HEAD, UNDER MY SKIN AND CHANGED THE WAY I THINK ABOUT THINKING

Embracing Intuition and Invisible Partners, January 26, 2011

By [Grady Harp](#) (Los Angeles, CA United States) - [See all my reviews](#)

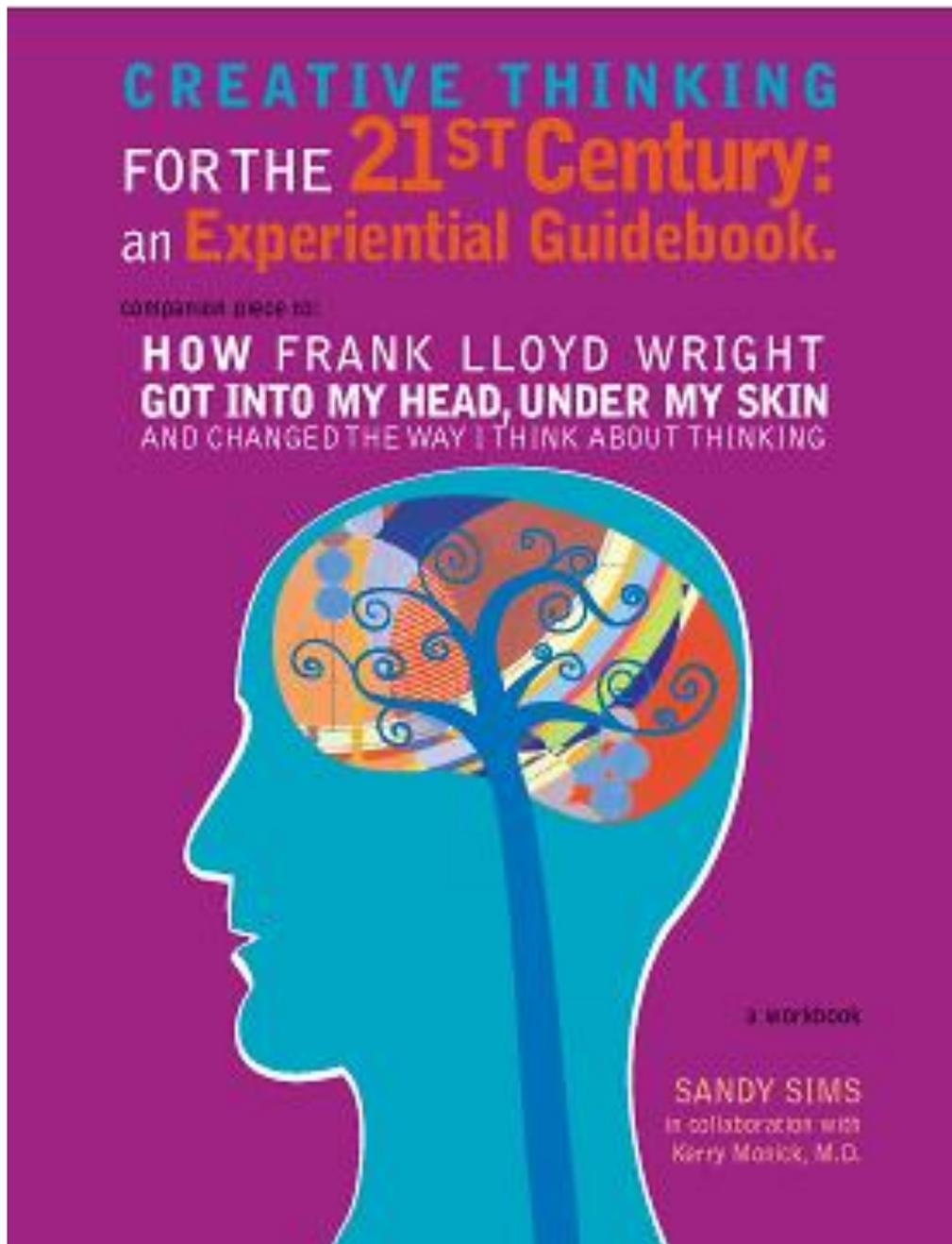
This review is from: *How Frank Lloyd Wright Got Into My Head, Under My Skin and Changed The Way I Think About Thinking: A Creative Thinking Blueprint for the 21st Century (Paperback)*

Sandy Sims very quietly, almost nonchalantly, introduces a new form of thinking in this book HOW FRANK LLOYD WRIGHT GOT INTO MY HEAD, UNDER MY SKIN, AND CHANGED THE WAY I THINK ABOUT THINKING. And it is this very technique of writing this memoir of the changes affecting his life that makes this book so readable AND credible. Rarely does a self help type book work as well as this one in capturing our attention and our imagination in such a creative way.

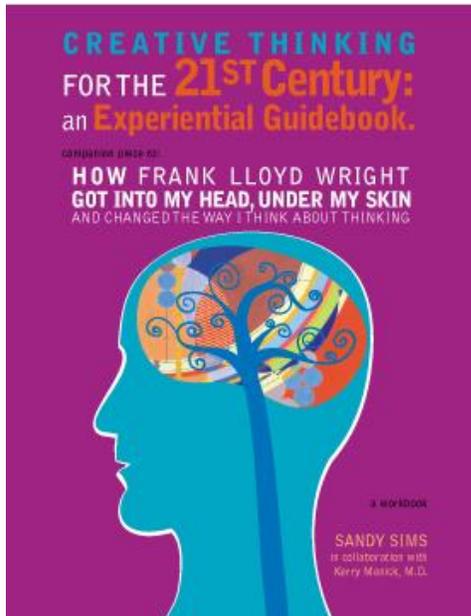
If the book's story were summarized as a novel, the story would be that of a man who had the wild idea of wanting to follow the unbuilt blueprints of the homes Frank Lloyd Wright left as his legacy when he died, jump into the impossible job of gaining permission from Wright's widow and foundation, and finding amazing ways to secure financing and ultimately standing on the ground and gazing at the reality of his dream. Of course there is much more to the story than that, but that is the quick summary - not the reason for writing the book. Sims discovered the rewards in appreciating the 'invisible partners' from other forms of reality and how these partners fall into line when we follow our intuition and take the enormous chance to follow our dreams - watching those dreams become reality 'with a little help from our friends'. Or to quote the author, 'It had happened so many times in life: these urges to seize an opportunity, to move now, not so much by thinking, but by feeling. I wondered if my Invisible Partners were just putting on the pressure. I have wrestled with the idea that not only do we order forces into play with our intentions, but are equally partnered with other forces that emanate from

a consciousness outside of our own. When we are the recipient of an urge or intuition, where is this urge coming from? Whose Ideas are these?.....perhaps our lives and deaths are a much more ordered and gradual change between our physical world and the invisible world. Maybe all souls are on a grand, ever-expanding recycling journey, responding to ever-increasing levels of consciousness.'

Yes, this book is overflowing with challenging intellectual concepts, but it is also a very personal story that captures the reader's attention and heart. Peppared with photographs of the various stages of the consummation of Sims' dream of building the unbuilt homes of Frank Lloyd Wright, this book should appeal to lovers of memoirs, architects, 'young' philosophers hungry for new thoughts, and the public in general. It is a terrific book, one that could change the life of everyone who reads it. Grady Harp. January 11



Creative Thinking For The 21st Century, An Experiential Guidebook by Sandy Sims in collaboration with Dr. Kerry Monick, MD.



Evolution of the Guidebook

Psychiatrist Kerry Monick, you could say, catalyzed the "aware" part of my journey in my story of *How Frank Lloyd Wright Got Into My Head Under My Skin And Changed The Way I Think About Thinking.* We felt that several insights could be fashioned into useful points of view for self-exploration. We wanted to encourage readers to reflect on a few key ideas, ones that often make a big difference. For example why do we make the choices we do with regard to what to think

about? Is there a more useful way?

We can see, through a few reflective exercises that what we think, about with intention, does indeed affect the material world. If our thoughts have consequences, how do we want to shape them? What might be the best way to avoid unintended consequences?

We all seem to have more power than we think, but there are so many distractions and diversions between our original desires and the final outcomes that we often lose the thread. The intuitive connection to the unconscious field is still a mystery, but perhaps we have invisible partners who communicate through synchronicities. These meaningful coincidences are constantly available, but we must just learn to recognize and harvest the information. It is from this perspective that Kerry and I decided to create this short guidebook. It is not overwhelming, but made up of a few provocative suggestions that we hope can make a real difference.

A Review for - *CREATIVE THINKING FOR THE 21ST CENTURY*

A Workbook to Accompany Sandy Sims' Creative Thinking, Jan 26, 2011

By [Grady Harp](#) (Los Angeles, CA United States) - [See all my reviews](#)

This review is from: Creative Thinking for the 21st Century: An Experiential Guidebook (Paperback)

For all readers of Sandy Sims' HOW FRANK LLOYD WRIGHT GOT INTO MY HEAD etc' this fine workbook is a terrific adjunct. Sims has really thought he processes of adapting to creative thinking and supplies us with a usable workbook to write our gradual recognition of our insights, the results of ideas, thoughts, and movements we make and how they affect us. Given the chaotic times in which we live Sims encourages us to alter the way we view the world and our place in it: change must start with each of us. This aid guides us in implementing the ideas put forth in Sims' fine book, helping us to acquire new tools and assistance form sources we perhaps have yet to recognize.

The workbook suggests ways to adapt to this new world and to optimize life patterns by considering the following: 'Knowing what to want is at the core. The quality of your life is truly determined by the questions you ask. Partnering with unseen forces can be thought about in more familiar terms - buddies, or pals, or ones you can count on.' And these are only a couple of the goals Sims puts forth in this well-constructed workbook. Wise thinking, this, and eminently usable.

Grady Harp, January 11



Kerry Monick, MD was raised in Perth, Western Australia and after graduating at UWA in Medicine, also followed her dream to Hawaii, where she studied psychiatry and was based for twenty years. Post graduate university studies continued in London and New York. She embraces a metaphysical world view alongside the conventional and continues to live with a foot in both camps. She has practiced psychiatry with neurofeedback and nutritional techniques and is currently in private practice in Perth.



Author Bio

Sandy Sims was raised and educated in the South. After serving as Naval Officer and finishing graduate business school, he followed a dream to live in Honolulu where he built one of Hawaii's most successful advertising agencies.

The crisis of personal health and business

setbacks opened the way to larger spiritual dimensions including a long association with the Caddy family, founders of the Findhorn Spiritual Community in Scotland His book, *"How Frank Lloyd Wright Got Into My Head, Under My Skin And Changed The Way I Think About Thinking, A Creative Thinking Blue Print For the 21st Century,"* is a memoir of his journey culminated in a 20 year project with the Frank Lloyd Wright Foundation.

He has collaborated with Psychiatrist, Kerry Monick MD, and authored *Creative Thinking For The 21st Century, An Experiential Guidebook*. Accepting the science that our intention does indeed affect the material world, it addresses what to be thinking about, how to shape these thoughts, and what might be the best way to avoid unintended consequences.

When not travelling, Sandy resides in San Miguel de Allende, Mexico where you can find him writing, playing tennis, poking around with his camera and embracing a new culture.